



## Shemanigans OO

Breakfast Menu











PARFAIT	10
Yogurt, fresh berries, and granola	
FRUIT PLATTER	10
Seasonal fruit selection	
MUESLI	8
Oatmeal, green apple, yogurt, sultanas	
Detox Juices	
CRANBERRY HEALER	10
Cranberry, cucumber, orange, and lime	
MUSCLE MILK	10
Banana, coconut water, cinnamon, almond milk,	
flax seeds, dates.	
BLOOD BUILDER	10
Apple, beetroot, carrot, and turmeric.	
Bakery	
PASTRY BASKET	12
Freshly baked breakfast pastries; Muffin, Danish, Croissant	
TARTINES & CONFITURES	8
White bread or wheat toasted bread, butter, honey, marmalades	
FRESHLY SQUEEZZED JUICES	10









Hot

TWO CAGE FREE EGGS	12
Cooked as you wish, sautéed baby potatoes, roasted thyme cherry tomatoes	
THREE EGGS OMELETTE	13
Your choice of filling: Ham, cheese, tomato, spinach, onions, fine herbs, bacon	
EGGS RANCHERO	13
Corn tortilla, sunny side up eggs, tomato salsa, guacamole, jalapeno, sour cream	
EGGS BENEDICT	12
Poached egg, tarragon scented hollandaise, English muffins, bacon	
EGG & BACON SANDWICH	12
Egg, bacon, cheese, lettuce, tomato	
SMOKED SALMON BAGEL	15
Norwegian smoked salmon, capers, cream cheese, onions, toasted bagel	
FLUFFY PANKAKES	13
Buttermilk pancakes with seasonal fruits and Maple syrup	
YOUR CHOICE OF:	3
Applewood smoked bacon, smoked salmon or honey glazed ham	



